

NPC Nashville Fit Show

Schedule of Events

Friday Schedule - May 3, 2019

*Hilton Garden Inn Vanderbilt
1715 Broadway, Nashville, TN 37203*

3pm-8pm Liquid Sun Rayz Spray Tanning

5pm-7pm *Mandatory* Athlete Check-ins

Athletes Must check-in any time between the hours of 5pm and 7pm.

Saturday Schedule - May 4, 2019

*Vanderbilt University's Langford Auditorium
2209 Garland Ave, Nashville, TN 37232*

Free PARKING in the 25th Ave Parking Garage

8:30am Doors Open to **Vendors & Competitors Only**

9am Competitor's Meeting in the Auditorium

9am Doors Open to Public (Lobby Only) & Expo Begins

10am PREJUDGING Begins

1pm Expo Closes

4pm Competitor's Meeting in the Auditorium

4pm Expo Re-Opens to Public

5pm FINALS Begin

Schedule is subject to change

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PREJUDGING and FINALS Order of Events

Fitness Teen Class (16-19 yrs old)

Fitness OPEN Class

Women's Bodybuilding OPEN Class

Women's Physique Masters 35+

Women's Physique Masters 45+

Women's Physique OPEN: Class A & B

Figure True Novice: Class A, B, C

Figure Novice: Class A, B, C

Figure Masters 35+

Figure Masters 45+ and 55+

Figure Hero Class

Figure OPEN: Class A, B, C, D

Bikini True Novice: Class A, B, C, D, E, F

Bikini Novice: Class A, B, C, D, E, F

Bikini Collegiate

Bikini Masters: 35+ Class A & B

Bikini Masters: 45+ and 55+

Bikini Hero Class

Bikini Open: Class A, B, C, D, E, F

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