

NPC/IFBB Nashville Fit Show

Schedule of Events

*Location: Nashville Municipal Auditorium
417 4th Ave N, Nashville, TN*

**PARKING: \$20-30 at the hotel or parking garage right beside venue*

Friday – August 19, 2022

3pm - 8pm Liquid Sun Rayz Spray Tanning – located in venue
Maximum Beauty (Hair & Makeup) located in venue Saturday morning

4pm - 6pm *MANDATORY* NPC Athlete Check-ins

6:30pm IFBB Pro Athlete Meeting – *inside the Auditorium*

7:00pm Sandy's Seminar *FREE & Open to Everyone*

Saturday – August 20, 2022

7:30am TICKET Counter Opens

7:30am Doors Open to (*Vendors & Competitors Only*)

8:00am *MANDATORY* Athlete Meeting in the Auditorium

8:30am Auditorium Doors Open to Public – EXPO Begins

9:00am NPC PREJUDGING Begins

10:30am~ **IFBB Pro Bikini Prejudging***

**NPC show will stop for Pros right after Figure Open*

NPC Bikini Prejudging will resume immediately following IFBB Pros

3:00pm TICKET Counter Opens

3:30pm Auditorium Doors Re-Open to Public – EXPO Re-Opens

4:00pm NPC FINALS*

6:00pm **IFBB Pro Bikini FINALS** **NPC show will stop for pros*

NPC Bikini Finals will resume immediately following IFBB Pros

****Schedule is subject to change****

2022 NPC Nashville Fit Show

9am PREJUDGING & 4pm FINALS Order of Events

Fitness Teen Class (18-19 yrs old)

Fitness OPEN Class

Women's Bodybuilding OPEN Class

Women's Physique Novice

Women's Physique Masters Classes: 35+ & 45+

Women's Physique OPEN

Wellness True Novice: Class A & B

Wellness Novice: Class A & B

Wellness Masters 35+ A & B

Wellness Hero Class

Wellness OPEN: Class A, B, C

Figure True Novice: Class A, B, C

Figure Novice: Class A, B, C

Figure Masters Classes: 35+ 45+ and 55+

Figure Hero Class

Figure OPEN: Class A, B, C

Bikini True Novice: Class A-H

Bikini Novice: Class A-H

Bikini Collegiate

Bikini Masters 35+ Classes A, B, C

Bikini Masters 45+ Classes A, B, C

Bikini Masters 55+ Class

Bikini Hero Class

Bikini Open: Class A-H

****Schedule is subject to change****