



Location of ALL Events Below:
Nashville Municipal Auditorium
417 4th Ave N, Nashville, TN



Friday, August 18, 2023

12:00pm - 7:00pm	Early Vendor Set-Up
3:00pm - 8:00pm	Liquid Sun Rayz Spray Tanning Appts
4:00pm - 8:00pm	Early Vendor Preview for Athletes
4:30pm - 6:30pm	**MANDATORY NPC ATHLETE CHECK-IN**
7:00pm	IFBB Pro Athlete Meeting (inside arena)

AUGUST 19TH, 2023

7:30am	Ticket Counter Opens
7:30am	Doors Open to Vendors & Competitors ONLY
8:00am	**MANDATORY NPC ATHLETE MEETING** inside arena
8:30am	Arena Doors Open to Public & EXPO Begins
9:00am	NPC PRE-JUDGING BEGINS IFBB Pro Bikini & Bikini Masters 40+ Pre-Judging* <i>*will begin immediately follow the NPC show (approximately 12:30pm)</i>
3:00pm	Ticket Counter & Arena Re-Open to Public
4:00pm	IFBB Pro Bikini Finals NPC Finals Begins <i>immediately following the Pros</i>

****Schedule is subject to change****





2023 NPC Nashville Fit Show

Order of Events

WOMEN'S BODYBUILDING OPEN Class

WOMEN'S PHYSIQUE Novice
WOMEN'S PHYSIQUE Masters Class 35+
WOMEN'S PHYSIQUE OPEN Class

WELLNESS True Novice: Class A, B, C
WELLNESS Novice: Class A, B, C
WELLNESS Junior Class (18-23 years old)
WELLNESS Masters 35+ Class A & B
WELLNESS Hero Class
WELLNESS OPEN: Class A, B, C

FIGURE True Novice: Class A, B, C
FIGURE Novice: Class A, B, C
FIGURE Junior Class (18-23 years old)
FIGURE Masters: Classes 35+ 45+ and 55+
FIGURE Hero Class
FIGURE OPEN: Class A, B, C

BIKINI True Novice: Class A, B, C, D, E, F, G, H
BIKINI Novice: Class A, B, C, D, E, F, G, H
BIKINI Junior Class (18-23 years old)
BIKINI Masters 35+ Class A, B, C, D, E, F
BIKINI Masters 45+ Class A, B, C, D
BIKINI Masters 55+ Class
BIKINI Hero Class
BIKINI OPEN: Class A, B, C, D, E, F, G, H



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